

Productnews

Whitening with Enlighten

Colin Doody from The Dental Practice in Sheffield showcases two before and after cases using the Enlighten whitening system

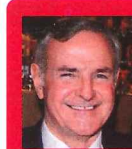
In the first instance (Figure 1), a male patient came to the practice with teeth of A4 shade. The patient had good oral health and there were no barriers to whitening treatment. Enlighten whitening was suggested and the patient was happy to proceed. Impressions were taken and sent to the Enlighten laboratory and, in the time in which the patient's bleaching trays were being fabricated, the patient used Enlighten's pre-treatment toothpaste with good compliance. On the patient's second visit, the bleaching trays were tested for fit and comfort and, since the patient was happy with how they felt, stage two of the treatment commenced. This included 14 consecutive days of home whitening using Enlighten's whitening gel. The patient was diligent with this routine and returned to the practice at the end of the whitening course, reporting no undue sensitivity or discomfort.

Impressions were taken and sent to the laboratory and the patient was sent away with Enlighten's pre-treatment toothpaste – which they used regularly in the interim.

When the patient returned to the practice to try the bleaching trays they were happy with the fit, so stage two of the treatment was started. The patient was compliant during the 14-day home treatment period and returned to the practice reporting little sensitivity or discomfort.

The patient's final in-surgery treatment lasted approximately 40 minutes and the result was very noticeable – with the patient's shade improving to B1 (Figure 4). They were delighted with the results and have not reported any post-treatment issues or discomfort.

In both cases, Enlighten treatment was very effective and straightforward and both patients were positive about the results. **D**



Colin Doody is the principal dentist at The Dental Practice at Dronfield Woodhouse in Sheffield, where he has worked since 1980 – which means he is now treating the third generation of some families. He has a particular interest in cosmetic and restorative dentistry and also provides orthodontic treatments.

FOR MORE INFORMATION visit www.enlightensmiles.com, email info@enlightensmiles.com or call the team on 0207 424 3270.

Significant whitening

During this last appointment, the patient underwent Enlighten's in-surgery procedure using the in-surgery whitening gel. The treatment was a success, with the patient's teeth being significantly whitened to approximately B1 shade (Figure 2). The patient was very happy with the result.

In the second case, the patient came to the practice with teeth of approximately A3.5 (Figure 3). Again, the patient exhibited acceptable oral health to proceed with whitening treatments and, again, the Enlighten system was chosen.

Figure 1



Figure 2



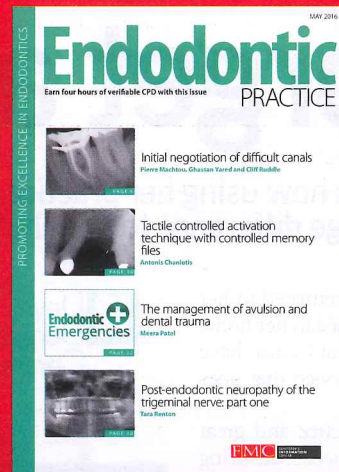
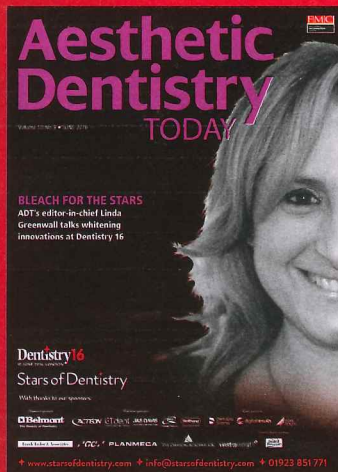
Figure 3



Figure 4



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